



PSHE Vocabulary Progression

Vocabulary Progression in PSHE						
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
SRE Family same/different simple feelings words: happy, sad, scared foster/adopt Global Goals Earth, globe, global	Living in the Wider World local community local environment recycle, money (save, spend, share) Relationships different families/same love" special people family member names e.g. mother, father, step-sister, grandmother, aunt, cousin respect (manners, polite) secrets, good and bad secrets, unsafe secrets Health & Well Being good choices, bad choices consequences germs, virus, bacteria dental hygiene (plaque, decay, molars, incisors, canines) "switching off" (online) SRE build upon bank of feelings words e.g.; nervous, proud, relaxed, grow and change, lifecycle,	Living in the Wider World unique/special diversity conserving energy zero waste rights, rules and responsibilities money (cash, credit card, debit card, online shopping, debt, online subscription) Relationships fair/fairness conflict, resolving conflict ABC (actions, behaviours, consequences) emotions of grief and loss, bereavement bullying, online bullying touch, safe touch, unsafe touch Health & Wellbeing safety, risk, road safety, physical health, emotional health SRE gender, stereotype male/female, different/similar, nipples, vulva, testicles, penis	Living in the Wider World rights, human rights United Nations Conventions for the Rights of the Child community, community leader, voluntary organisation, fair trade, enterprise, budget, profit, loss Relationships verbal/non-verbal communication, safe touch rules (PANTS), peer pressure, managing risk, stereotype, gender, gender identity diversity, Health & Well Being balanced diet, real and imagined risk anxiety, mental health, germ, bacteria, virus, anti-viral, vaccine, medicine, prescription medicine, over the counter medicine Highway Code, e-safety passwords, digital footprints, secure SRE personal space, unwanted touch, PANTS acronym,	Living in the Wider World law, parliament, democracy water pollution, flood, drought, global warming sanitation immigration/emigration economic migrant seeking asylum refugee global resources sustainability, sustainable energy local enterprise local community institutions (supermarket, school, mosque etc) Relationships cultural traditions (related to relationships)eg marriage, Christening, baptism, naming ceremony, religious festivals, safe, healthy friendships emotional/physical health emotional/physical harm, safe touch, physical contact, personal space Health & Well Being healthy, balanced lifestyle positive mental health resilience digital image, digitally	Living in the Wider World ecological responsibility, stewardship plastic pollution biodegradable, non-biodegradable, compostable recycle, plastic alternative ethical consumerism ethical issues brands/media/advertising loan, debt, banking, account, banking services Relationships diversity, tolerance pressure and consent peer pressure, media pressure mutual respect sex, gender, sexual orientation, gender identity discrimination, equality, activist, environmentalist Health & Well Being body image and mental health managing risk legal and illegal drug restricted drug personal/wider consequences (drugs) technology and mental health, digital footprints emergency protocol, resuscitation, recovery position, emergency service SRE	Good to be Me and Making Connections empathy, self image, positive self image prejudice, discrimination, equality, inclusion Equality Act, Protected Characteristic equal opportunity misogyny, homophobia, racism, democracy, military rule, dictatorship, political unrest, persecution, genocide refugee, asylum, asylum seeker Getting on and Falling Out empathy, self image, positive self image prejudice, discrimination, equality, inclusion Equality Act, Protected Characteristic equal opportunity misogyny, homophobia, racism Keeping Healthy and Staying Safe mental illness, mental health, lifestyle choices, vegan, vegetarian, living off grid and health sexual health, sexually transmitted infections legal and illegal drugs, stimulant, sedative,



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	new born, basic parts of the human body e.g. arm, shoulder plus penis, vulva, private parts Global Goals Global Goals promises to the world local, national, global	Global Goals Global Goal, global responsibility local, national, global citizen/citizenship Good Health and well-being, Life on Land, Quality Education,	relationship, unique, vulva, vagina, uterus Global Goals Global Goal for Sustainable Development Global Citizen/citizenship fair distribution global resources Global Goals: 3 (good health and well-being), 4 (quality education) 5 (gender equality), 10 (reduced inequality), 15 (life on land)	enhanced, online safety, sharing images bereavement, separation, loss, drugs, medicines, caffeine, alcohol, danger, hazard, environmental hazard, managing risk SRE human lifecycle puberty reproduction/reproduce breasts, pubic hair, facial hair, womb periods, menstruation healthy/unhealthy relationship respectful relationships online respect/self-respect Global Goals Global Goals: 1 (end poverty), 3 (Good Health and Well-Being), 6 (clean water), 8 (decent work/economic growth), 10 (reduced inequality), 13 (climate action), 14 (life below water), 16 (peace justice and strong institutions) action/inaction global impact act local think global	Puberty physical and emotional changes erection masturbation/masturbate sexual feelings wet dreams sperm/semens ovaries/ovulation reproductive system personal hygiene Global Goals Global Goals: 3 (good health and wellbeing), 12 (responsible consumption), 14 (life below water)	hallucinogenic, toxin, dose, analgesic. sexting, online images, consent Our Global Community Caring for the Planet ethical consumerism, eco-tourism origins and ingredients, food miles, sustainability Growing and Changing scrotum, clitoris, uterus communication with respect, control/pressure consent, conception/pregnancy contraception/protection condom, age of consent fertilization, IVF, sperm donation, adoption, fostering, surrogacy online relationships personal information safe communication Enterprise and Moving On debt, gambling, online gaming, pop-ups, targeted advertising enterprise, profit, loss and investment
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